

CHAPTER OVERVIEW

6: Accommodation and Enhancement Benefits

Learning Objectives

This module will discuss the following:

- Employee Assistance Programs (EAP)
- Tuition Reimbursement
- Mental Health benefits
- Wellness programs

Accommodation and enhancement focuses on benefits designed to make your employee's work and home life better. These are discretionary benefits an employer decides to offer to their employees. If a company is not required to offer these benefits, why would they when it will cost them money to pay for them? Consider this question as we work through the materials in this module.

[6.1: Mental Health in the Workplace Statistics](#)

[6.2: WATCH- The Cost of Workplace Stress and How to Reduce It](#)

[6.3: How to Establish and Design a Wellness Program](#)

[6.4: Tuition Reimbursement](#)

[6.5: LISTEN- Tuition Reimbursement - Why to Ask for Help](#)

[6.6: Employee Recognition](#)

[6.7: PayPal Case Study- Ensuring Your Workers Are Not Just Surviving](#)

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