

5.2: WATCH- Paid Leave Time and the U.S. Department of Labor

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One great resource regarding leave is the U.S. Department of Labor. You can find information on their site about the right to take unpaid leave, FMLA, along with videos and fact sheets about many important topics. As they state on their website, "At some point, we all need time to take care of our own health or to care for a loved one, but access to paid leave is uneven and inequitable. No one should have to choose between taking care of themselves or their loved ones and the job they need."

Watch the below video and review the website link for more information from the Department of Labor.

[U.S. Department of Labor Paid Leave.](#)



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