

7.1: Understanding Your Health Coverage



Health coverage pays for provider services, medications, hospital care, and special equipment when you're sick. It's also important when you're not sick. Marketplace coverage includes [preventive health services](#) like immunizations for children and adults, annual doctor visits for women and seniors, screening and counseling for people of all ages, and more. The best news – it's free. Here are 4 things to know about your health coverage:

1. All Marketplace health plans must provide you with a [Summary of Benefits and Coverage](#), which includes coverage examples showing how the plan might help pay for services.
2. The actual costs and care will vary by your health care needs and your coverage.
3. You can use our [glossary](#) to understand key terms like [copayment](#), [deductible](#), [network](#), and [premium](#).
4. If you have questions about your coverage, you can contact your health plan, state [Medicaid program](#), or [Children's Health Insurance Program \(CHIP\)](#) to get more information.

See [why it's so important to have health coverage](#) and share what you learn with your family and friends.

Watch the video: "Understand the Plan" – from Coverage to Care [↗](#)

Watch the video: "Words to Know" – from Coverage to Care [↗](#)

Print your own booklet: [Step 2 – Understand Your Health Coverage](#)

[Sample Insurance Card](#)

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