

## 11.8: Video: Let's End Ageism

It's not the passage of time that makes it so hard to get older. It's ageism, a prejudice that pits us against our future selves—and each other. Ashton Applewhite urges us to dismantle the dread and mobilize against the last socially acceptable prejudice. "Aging is not a problem to be fixed or a disease to be cured," she says. "It is a natural, powerful, lifelong process that unites us all."



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