



vanillin

What is it about capsaicin and vanillin that causes these two compounds to have such dramatically different effects on our sensory perceptions? Both are produced by plants, and both are composed of the elements carbon, hydrogen, oxygen, and (in the case of capsaicin) nitrogen. Since the birth of chemistry as a science, chemists have been fascinated - and for much of that history, mystified - by the myriad properties of compounds that come from living things. The term 'organic', from the Greek *organikos*, was applied to these compounds, and it was thought that they contained some kind of 'vital force' which set them apart from 'inorganic' compounds such as minerals, salts, and metals, and which allowed them to operate by a completely different set of chemical principles. How else but through the action of a 'vital force' could such a small subgroup of the elements combine to form compounds with so many different properties?

Today, as you are probably already aware, the term 'organic,' - when applied to chemistry - refers not just to molecules from living things, but to all compounds containing the element carbon, regardless of origin. Beginning early in the 19th century, as chemists learned through careful experimentation about the composition and properties of 'organic' compounds such as fatty acids, acetic acid and urea, and even figured out how to synthesize some of them starting with exclusively 'inorganic' components, they began to realize that the 'vital force' concept was not valid, and that the properties of both organic and inorganic molecules could in fact be understood using the same fundamental chemical principles.

They also began to more fully appreciate the unique features of the element carbon which makes it so central to the chemistry of living things, to the extent that it warrants its own subfield of chemistry. Carbon forms four stable bonds, either to other carbon atoms or to hydrogen, oxygen, nitrogen, sulfur, phosphorus, or a halogen. The characteristic bonding modes of carbon allow it to serve as a skeleton, or framework, for building large, complex molecules that incorporate chains, branches and ring structures.

Although 'organic chemistry' no longer means exclusively the study of compounds from living things, it is nonetheless the desire to understand and influence the chemistry of life that drives much of the work of organic chemists, whether the goal is to learn something fundamentally new about the reactivity of a carbon-oxygen bond, to discover a new laboratory method that could be used to synthesize a life-saving drug, or to better understand the intricate chemical dance that goes on in the active site of an enzyme or receptor protein. Although humans have been eating hot peppers and vanilla-flavored foods for centuries, we are just now, in the past few decades, beginning to understand how and why one causes searing pain, and the other pure gustatory pleasure. We understand that the precise geometric arrangement of the four elements in capsaicin allows it to fit inside the binding pocket of the TrpV1 heat receptor - but, as of today, we do not yet have a detailed three dimensional picture of the TrpVI protein bound to capsaicin. We also know that the different arrangement of carbon, hydrogen and oxygen atoms in vanillin allows it to bind to specific olfactory receptors, but again, there is much yet to be discovered about exactly how this happens.

In this chapter, you will be introduced to some of the most fundamental principles of organic chemistry. With the concepts we learn about, we can begin to understand how carbon and a very small number of other elements in the periodic table can combine in predictable ways to produce a virtually limitless chemical repertoire.

As you read through, you will recognize that the chapter contains a lot of review of topics you have probably learned already in an introductory chemistry course, but there will likely also be a few concepts that are new to you, as well as some topics which are already familiar to you but covered at a greater depth and with more of an emphasis on biologically relevant organic compounds.

We will begin with a reminder of how chemists depict bonding in organic molecules with the 'Lewis structure' drawing convention, focusing on the concept of 'formal charge'. We will review the common bonding patterns of the six elements necessary for all forms of life on earth - carbon, hydrogen, nitrogen, oxygen, sulfur, and phosphorus - plus the halogens (fluorine, chlorine, bromine, and iodine). We'll then continue on with some of the basic skills involved in drawing and talking about organic molecules: understanding the 'line structure' drawing convention and other useful ways to abbreviate and simplify structural drawings, learning about functional groups and isomers, and looking at how to systematically name simple organic molecules. Finally, we'll bring it all together with a review of the structures of the most important classes of biological molecules - lipids, carbohydrates, proteins, and nucleic acids - which we will be referring to constantly throughout the rest of the book.

Before you begin your study of organic chemistry, you may need to do some review of General Chemistry because it will be assumed that you already understand some basic chemistry concepts. A great way to review is to watch the following series of tutorials from [Khan Academy](#):

Review tutorials

- [Atoms, compounds and ions](#)
- [Electronic structure of atoms](#)
- [Chemical bonds and drawing Lewis structures](#)

Here are some practice exercises to try before moving on:

? Exercise 1.1

How many protons and neutrons do the following isotopes have?

- ^{31}P , the most common isotope of phosphorus
- ^{32}P , a radioactive isotope of phosphorus used often in the study of DNA and RNA.
- ^{37}Cl , one of the two common isotopes of chlorine.
- tritium (^3H), a radioactive isotope of hydrogen, used often by biochemists as a 'tracer' atom.
- ^{14}C , a radioactive isotope of carbon, also used as a tracer in biochemistry.

Exercise 1.2

The electron configuration of a carbon atom is $1s^2 2s^2 2p^2$, and that of a sodium cation (Na^+) is $1s^2 2s^2 2p^6$. Show the electron configuration for:

- a nitrogen atom
- an oxygen atom
- a fluorine atom
- a magnesium atom
- a magnesium cation (Mg^{2+})
- a potassium atom
- a potassium ion (K^+)
- a chloride anion (Cl^-)
- a sulfur atom
- a lithium cation (Li^+)
- a calcium cation (Ca^{2+})

Exercise 1.3

Draw Lewis structures for the following species (use lines to denote bonds, dots for lone-pair electrons). All atoms should have a complete valence shell of electrons.

- ammonia, NH_3
- ammonium ion, NH_4^+
- amide ion, NH_2^-
- formaldehyde, HCOH
- acetate ion, CH_3COO^-
- methyl amine, CH_3NH_2
- ethanol, $\text{CH}_3\text{CH}_2\text{OH}$
- diethylether, $\text{CH}_3\text{CH}_2\text{OCH}_2\text{CH}_3$
- cyclohexanol (molecular formula $\text{C}_6\text{H}_{12}\text{O}$, with six carbons bonded in a ring and an OH group)
- propene, CH_2CHCH_3
- pyruvate, $\text{CH}_3\text{COCO}_2\text{H}$

Exercise solutions

Contributors and Attributions

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