

3.1: The Alkali Metal Elements

The Group 1 metals have a particular name: the alkali metals. This is due to the formation of alkali (basic) solutions upon their reaction with water. Table 3.1.3.1 lists the derivation of the names of the alkali metals.

Table 3.1.3.1: Derivation of the names of each of the alkali metal elements.

Element	Symbol	Name
Lithium	Li	Greek <i>lithos</i> meaning <i>stone</i>
Sodium	Na	Latin <i>natrium</i> or Arabic <i>natrun</i> meaning <i>soda</i>
Potassium	K	From the Latin <i>kalium</i> , and from Arabic <i>al-qali</i> meaning <i>plant ashes</i>
Rubidium	Rb	Latin <i>rubidus</i> meaning <i>deepest red</i>
Caesium	Cs	Latin <i>caesius</i> meaning <i>blueish grey</i>
Francium	Fr	Named after France

Note

Caesium is the international spelling standardized by the IUPAC, but in the United States it is more commonly spelled as cesium.

Discovery

Lithium

Petalite ($\text{Li}_2\text{O} \cdot \text{Al}_2\text{O}_3 \cdot 8\text{SiO}_2$) was first discovered in 1800 by José Bonifácio de Andrada e Silva (Figure 3.1.3.1), who discovered the mineral in a Swedish mine on the island of Utö. However, it was not until 1817 that Johan August Arfwedson (Figure 3.1.3.2) working in the laboratory of Jöns Jakob Berzelius (Figure 3.1.3.3), discovered the presence of a new element while analyzing petalite ore. Named from the Greek *lithos* meaning *stone* reflected its discovery in a mineral, as opposed to sodium and potassium, which had been discovered in plant tissue; its name was later standardized as lithium. The element was not isolated until 1821, when William Brande (Figure 3.1.3.4) isolated the element by performing electrolysis on lithium oxide, a process previously employed by Sir Humphry Davy to isolate potassium and sodium.



Figure 3.1.1: Portuguese statesman and naturalist José Bonifácio de Andrada e Silva (1763 - 1838).

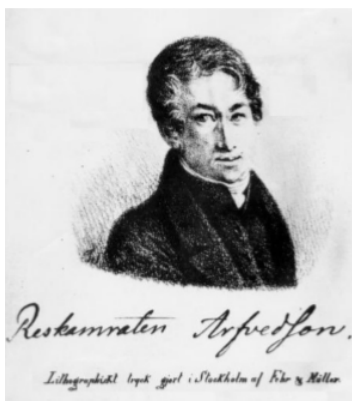


Figure 3.1.2: Swedish chemist Johan August Arfwedson (1792 - 1841).



Figure 3.1.3: Swedish chemist Friherre Jöns Jacob Berzelius (1779 - 1848).

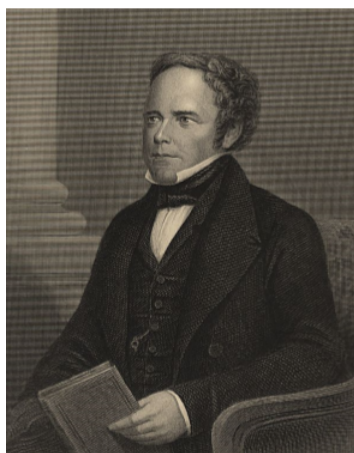


Figure 3.1.4: English chemist William Thomas Brande FRS (1788 - 1866).

Sodium

3.1.1.2 Sodium Elemental sodium was first isolated by Sir Humphry Davy (Figure 3.1.3.5) in 1806 by passing an electric current through molten sodium hydroxide.



Figure 3.1.5: British chemist and inventor Sir Humphry Davy FRS (1778 - 1829).

Potassium

The name *kalium* was taken from the word alkali, which came from Arabic *al qali* meaning the *calcined ashes*. The name potassium was made from the English word *potash*, meaning an alkali extracted in a pot from the ash of burnt wood or tree leaves. Potassium metal was discovered in 1807 by Sir Humphry Davy (Figure 3.1.3.5), who derived it from caustic potash (KOH), by the use of electrolysis of the molten salt.

Rubidium

Rubidium was discovered using spectroscopy in 1861 by Robert Bunsen (Figure 3.1.3.6) and Gustav Kirchhoff (Figure 3.1.3.7) in the mineral lepidolite. The first rubidium metal was produced by Bunsen from the reaction of rubidium chloride (RbCl) with potassium.



Figure 3.1.6: German chemist Robert Wilhelm Eberhard Bunsen (1811 - 1899).

Element	Terrestrial abundance (ppm)
Li	20 (Earth's crust), 40 (soil), 0.17 (sea water)
Na	23,000 (Earth's crust), 10,500 (sea water)
K	21,000 (Earth's crust), 14 (soil), 380 (sea water)
Rb	90 (Earth's crust), 30 - 250 (soil), 0.1 (sea water)
Cs	3 (Earth's crust), 0.0001 (soil), 0.0003 (sea water)
Fr	Essentially nil

Isotopes

The naturally abundant isotopes of the alkali metals are listed in Table 3.1.3.3. All of the isotopes of francium are radioactive. Lithium-7 and sodium-23 are both useful NMR nucleus having $I = 1/2$.

Table 3.1.3.3: Abundance of the major isotopes of the alkali metals.

Isotope	Natural abundance (%)
Lithium-6	7.5
Lithium-7	92.5
Sodium-23	100
Potassium-39	93
Potassium-40	0.0118
Potassium-41	6.9
Caesium-133	100

Potassium has three isotopes (Table 3.1.3.3), of which potassium-40 is radioactive and provides the basis for the determination of the age of rocks between 10^5 and 10^9 years old, i.e., those formed in proterozoic and cenozoic periods of geological time. The decay of potassium-40 occurs with a half life of 1.31×10^9 years, by two routes. That associated with a beta particle decay accounts for 89% of the decay:



While that associated with an electron capture and by positron emission decay accounts for 11% of the decay to give argon-40. Since many rocks contain potassium containing minerals the decay of potassium-40 after solidification of the rock will result in the formation of argon trapped in the rock. The argon-40 content is determined by mass spectrometry, while the potassium content is determined by flame spectrophotometry. The ratio of the two, (3.2), will allow for the determination of the elapsed time since the rock solidified.

$$\frac{^{40}_{18}\text{Ar}}{^{40}_{19}\text{K}} \quad (3.1.2)$$

Caesium has at least 39 known isotopes (more than any other element except francium) ranging from caesium-112 caesium-151; however, caesium-133 is the only naturally occurring stable isotope. The other isotopes have half-lives from a few days to fractions of a second. The radiogenic isotope caesium-137 is produced from the detonation of nuclear weapons and is produced in nuclear power plants, and was released to the atmosphere most notably from the 1986 Chernobyl accident.

Physical properties

Many of the physical properties of the alkali metals (Table 3.1.3.4) are typical of metals, e.g., thermal and electrical conductivity. However, due to the relatively weak inter-atomic forces (weak M-M bonding) they are soft and readily cut with a knife.

Table 3.1.3.4: Selected physical properties of the alkali metal elements.

Element	Melting point (°C)	Boiling point (°C)	Density (g/cm ³)	Electrical resistivity (Ω·cm)
Li	453	1615	0.534	12.17 @ 86 °C
Na	370	1156	0.968	5.23 @ 29 °C
K	336	1032	0.89	7.01 @ 22.8 °C
Rb	312	961	1.532	12.52 @ 53 °C
Cs	201	944	1.93	37.38 @ 28.1 °C

Reactivity

All the alkali metals are highly reactive and are as a consequence of the stability of the M^+ ion are strong reducing agents (Table 3.1.3.5). The metals react readily with hydrogen and oxygen.



Table 3.1.3.5: Electrochemical reduction potential for alkali metals.

Reduction	Reduction potential (V)
$Li^+ + e^- \rightarrow Li$	-3.045
$Na^+ + e^- \rightarrow Na$	-2.7109
$K^+ + e^- \rightarrow K$	-2.924
$Rb^+ + e^- \rightarrow Rb$	-2.925
$Cs^+ + e^- \rightarrow Cs$	-2.923

All of the alkali metals react with water to liberate hydrogen.



WARNING

The reactions of alkali metals with water are exothermic and the heat generated is sufficient to ignite the hydrogen. In addition the solutions formed are highly alkaline. Caution should be taken when handling alkali metals and storage should always be under mineral oil.

A similar, but less violent, reaction is also observed with ammonia when catalyzed by transition metal ions.



In the absence of a catalyst, the Group 1 metals dissolve in liquid ammonia to form solutions with characteristic properties.

- Highly reducing.
- Blue color.
- ESR signal due to solvated electrons.

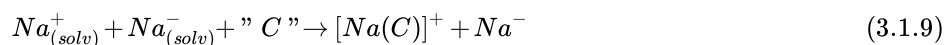
As an example, the dissolution of sodium in liquid ammonia results in the formation of solvated Na^+ cations and electrons.



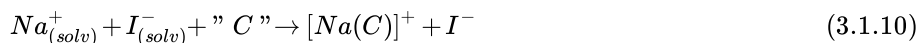
The solvated electrons are stable in liquid ammonia and form a complex: $[e^-(NH_3)_6]$. It is this solvated electron that gives the strong reducing properties of the solution as well as the characteristic signal in the ESR spectrum associated with a single unpaired electron. The blue color of the solution is often ascribed to these solvated electrons; however, their absorption is in the far infra-red region of the spectrum. A second species, $Na(sol)$, is actually responsible for the blue color of the solution.



The formation of the sodium anion is confirmed by complexation of the cation with a cryptan ligand (C) such as a crown ether.



The resulting complex is found to be isostructural to the iodide analog in the solid state.



Vapor phase

All the alkali metals form M_2 dimers in the vapor phase in an analogous manner to hydrogen. As with dihydrogen the bonding is associated with the molecular orbital combination of the two valence s-orbitals (Figure 3.1.3.9).

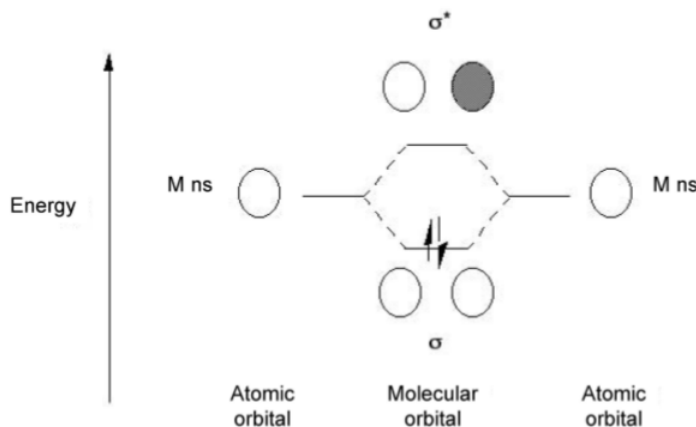


Figure 3.1.9: Molecular orbital diagram for the formation of M_2 .

Sodium vapor is commonly used for lighting in a gas discharge lamp, which uses sodium in an excited state to produce light (Figure 3.1.3.10). There are two varieties of such lamps: low pressure and high pressure.



Figure 3.1.10: A low pressure sodium streetlamp.

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