10.4: Overview of Stage II of Catabolism

Learning Objectives

- To describe the role of acetyl-CoA in metabolism.

A **metabolic pathway** is a series of biochemical reactions by which an organism converts a given reactant to a specific end product. There are specific metabolic pathways—which are different for carbohydrates, triglycerides, and proteins—that break down the products of stage I of catabolism (monosaccharides, fatty acids, and amino acids) to produce a common end product, **acetyl-coenzyme A (acetyl-CoA)** in stage II of catabolism.

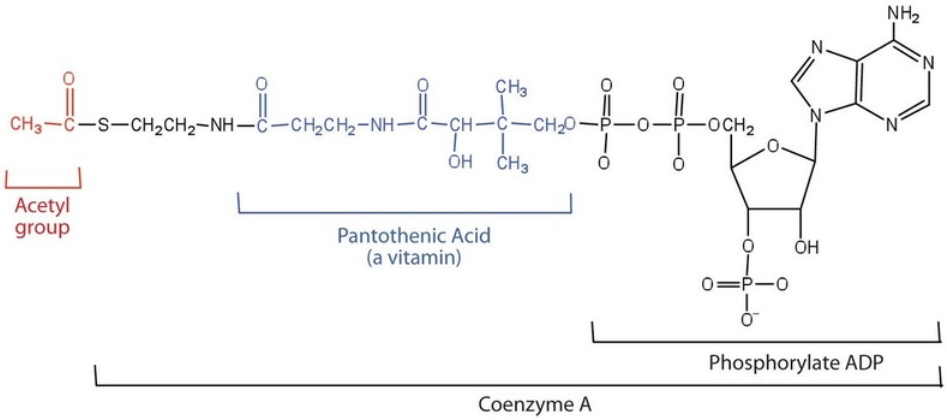


Figure 10.4.1: The Structure of Acetyl-Coenzyme A (Acetyl-CoA)

Acetyl-CoA has an acetyl unit (derived from the breakdown of carbohydrates, lipids, and proteins) that is attached to coenzyme A, making the acetyl unit more reactive. Acetyl-CoA is used in a myriad of biochemical pathways. For example, it may be used as the starting material for the biosynthesis of lipids (such as triglycerides, phospholipids, or cholesterol and other steroids). Most importantly for energy generation, it may enter the citric acid cycle and be oxidized to produce energy, if energy is needed and oxygen is available. The various fates or uses of acetyl-CoA are summarized in Figure 10.4.2

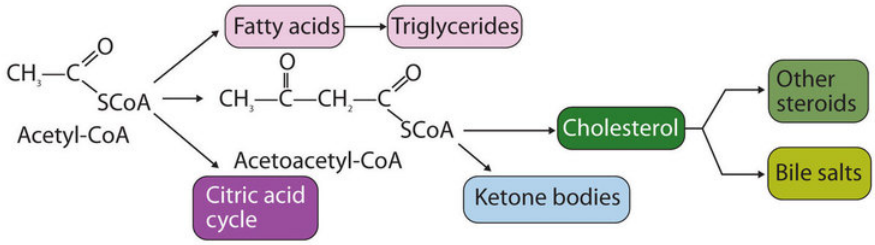


Figure 10.4.2: Cell Chemistry. Acetyl-CoA plays a variety of roles in cell chemistry.

Glycolosis

Glycolysis is the catabolic process in which glucose is converted into **pyruvate** via ten enzymatic steps. There are three regulatory steps, each of which is highly regulated that are separated into two phases:

1. the "**priming phase**" because it requires an input of energy in the form of 2 ATPs per glucose molecule and
2. the "**pay off phase**" because energy is released in the form of 4 ATPs, 2 per glyceraldehyde molecules.

The end result of Glycolysis is two new pyruvate molecules which can then be fed into the **Citric Acid cycle** (also known as the **Kreb's Cycle**) if oxygen is present, or can be reduced to lactate or ethanol in the absence of of oxygen using a process known as **fermentation**.

Video 10.4.1: Glycolysis: An Overview. Glycolysis is a series of 10 reactions that converts sugars, like glucose, into 3-carbon molecules called pyruvate. This animation provides an overview of the energy consumed and produced by the pathway. NDSU VCell Production's animation; for more information please see http://vcell.ndsu.edu/animations.

Glycolysis occurs within almost all living cells and is the primary source of Acetyl-CoA, which is the molecule responsible for the majority of energy output under aerobic conditions (with oxygen). The structures of Glycolysis intermediates can be found in Figure 10.4.3

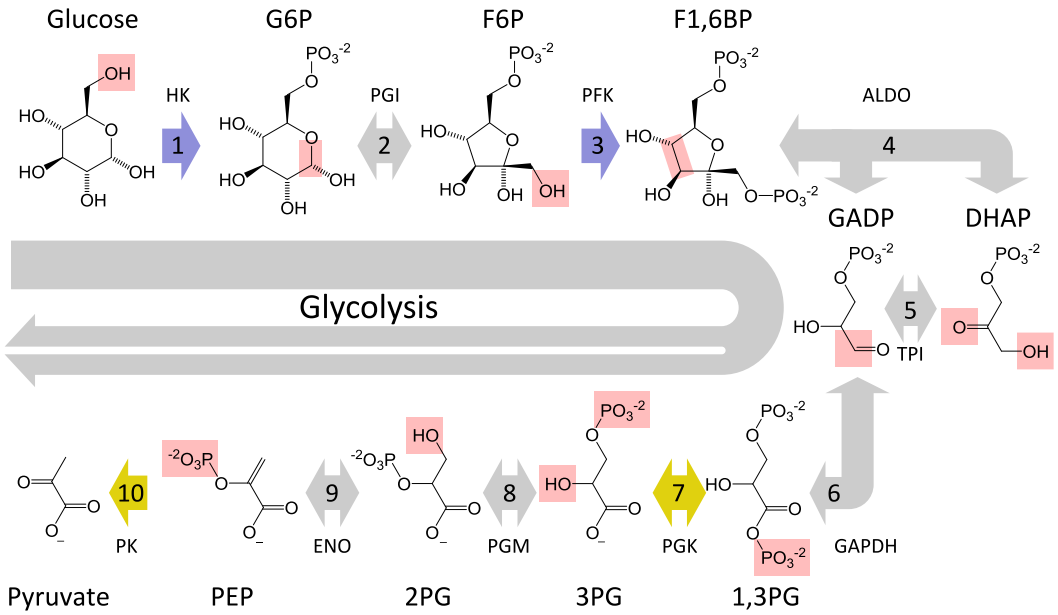


Figure 10.4.3: Glycolysis pathway. (CC BY-SA 4.0; International; Thomas Shafee via Wikipedia)

Phase 1: The "Priming Step"

The first phase of Glycolysis requires an input of energy in the form of ATP (adenosine triphosphate).

1. alpha-D-Glucose is phosphorolated at the 6 carbon by ATP via the enzyme Hexokinase (Class: Transferase) to yield alpha-D-Glucose-6-phosphate (G-6-P). This is a regulatory step which is negatively regulated by the presence of glucose-6-phosphate.
2. alpha-D-Glucose-6-phosphate is then converted into D-Fructose-6-phosphate (F-6-P) by Phosphoglucoisomerase (Class: Isomerase)
3. D-Fructose-6-phosphate is once again phosphorolated this time at the 1 carbon position by ATP via the enzyme Phosphofructokinase (Class: Transferase) to yield D-Fructose-1,6-bisphosphate (FBP). This is the committed step of glycolysis because of its large ΔG value.
4. D-Fructose-1,6-bisphosphate is then cleaved into two, three carbon molecules; Dihydroxyacetone phosphate (DHAP) and D-Glyceraldehyde-3-phosphate (G-3-P) by the enzyme Fructose bisphosphate aldolase (Class: Lyase)

5. Because the next portion of Glycolysis requires the molecule D-Glyceraldehyde-3-phosphate to continue Dihydroxyacetone phosphate is converted into D-Glyceraldehyde-3-phosphate by the enzyme Triose phosphate isomerase (Class: Isomerase)

Phase 2: The "Pay Off Step"

The second phase of Glycolysis where 4 molecules of ATP are produced per molecule of glucose. Enzymes appear in red:

1. D-Glyceraldehyde-3-phosphate is phosphorolated at the 1 carbon by the enzyme Glyceraldehyde-3-phosphate dehodrogenase to yield the high energy molecule 1,3-Bisphosphoglycerate (BPG)
2. ADP is then phosphorolated at the expense of 1,3-Bisphosphoglycerate by the enzyme Phosphoglycerate kinase (Class: Transferase) to yield ATP and 3-Phosphoglycerate (3-PG)
3. 3-Phosphoglycerate is then converted into 2-Phosphoglycerate by Phosphoglycerate mutase in preparation to yield another high energy molecule
4. 2-Phosphoglycerate is then converted to phosphoenolpyruvate (PEP) by Enolase. H_2O, potassium, and magnesium are all released as a result.
5. ADP is once again phosphorolated, this time at the expense of PEP by the enzyme pyruvate kinase to yield another molecule of ATP and and pyruvate. This step is regulated by the energy in the cell. The higher the energy of the cell the more inhibited pyruvate kinase becomes. Indicators of high energy levels within the cell are high concentrations of ATP, Acetyl-CoA, Alanine, and cAMP.

Because Glucose is split to yield two molecules of D-Glyceraldehyde-3-phosphate, each step in the "Pay Off" phase occurs twice per molecule of glucose.

Beta-Oxidation

During the second stage of catabolism, fatty acids are converted to acetyl CoA in a biochemical pathway known as **beta-Oxidation (ß-oxidation)**. The best source of energy for eukaryotic organisms are fats. Glucose offers a ratio 6.3 moles of ATP per carbon while saturated fatty acids offer 8.1 ATP per carbon. Also the complete oxidation of fats yields enormous amounts of water for those organisms that do not have adequate access to drinkable water. Camels and killer whales are good example of this, they obtain their water requirements from the complete oxidation of fats.

Video 10.4.2: Fatty acid metabolism / beta oxidation / β-Oxidation

There are four distinct stages in the oxidation of fatty acids. Fatty acid degradation takes place within the mitochondria and requires the help of several different enzymes. In order for fatty acids to enter the mitochondria the assistance of two carrier proteins is required, Carnitine acyltransferase I and II. It is also interesting to note the similarities between the four steps of beta-oxidation and the later four steps of the TCA cycle.

Entry into Beta-oxidation

Most fats stored in eukaryotic organisms are stored as triglycerides as seen below. In order to enter into beta-oxidation bonds must be broken usually with the use of a Lipase. The end result of these broken bonds are a glycerol molecule and three fatty acids in the case of triglycerides. Other lipids are capable of being degraded as well.

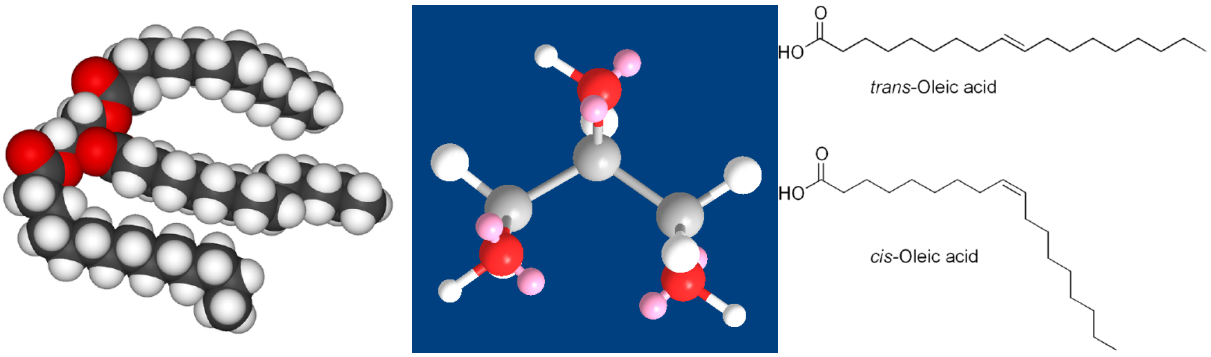


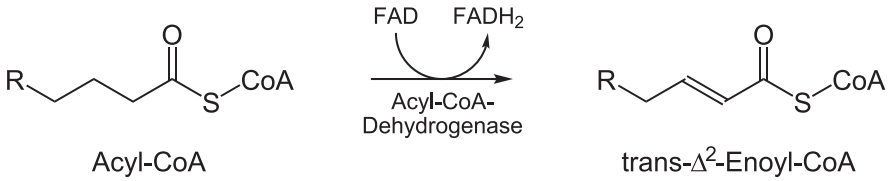
Figure 10.4.4: Key molecules in beta-oxidation: (left) A triglyceride molecule, (middle) Glycerol, (right) Fatty Acids (unsaturated)

Activation Step

- Once the triglycerides are broken down into glycerol and fatty acids they must be activated before they can enter into the mitochondria and proceed on with beta-oxidation. This is done by Acyl-CoA synthetase to yield fatty acyl-CoA.
- After the fatty acid has been acylated it is now ready to enter into the mitochondria.
- There are two carrier proteins (Carnitine acyltransferase I and II), one located on the outer membrane and one on the inner membrane of the mitochondria. Both are required for entry of the Acyl-CoA into the mitochondria.
- Once inside the mitochondria the fatty acyl-CoA can enter into beta-oxidation.

Oxidation Step

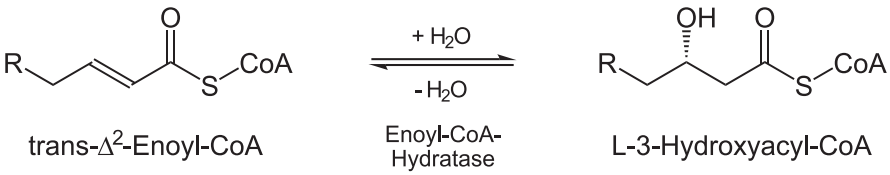
A fatty acyl-CoA is oxidized by Acyl-CoA dehydrogenase to yield a trans alkene. This is done with the aid of an [FAD] prosthetic group.



Acyl-CoA trans-Δ^2-Enoyl-CoA

Hydration Step

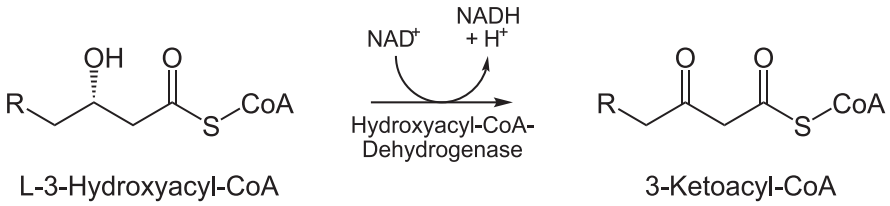
The trans alkene is then hydrated with the help of Enoyl-CoA hydratase



trans-Δ^2-Enoyl-CoA L-3-Hydroxyacyl-CoA

Oxidation Step

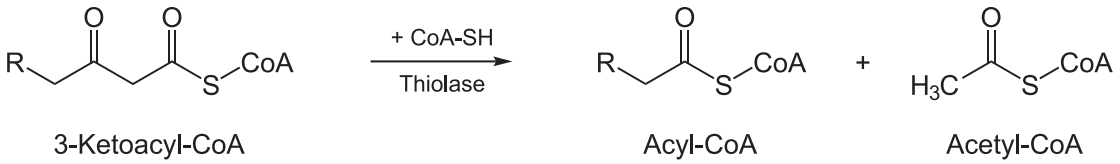
The alcohol of the hydroxyacly-CoA is then oxidized by NAD^+ to a carbonyl with the help of Hydroxyacyl-CoA dehydrogenase. NAD^+ is used to oxidize the alcohol rather then [FAD] because NAD^+ is capable of the alcohol while [FAD] is not.



L-3-Hydroxyacyl-CoA 3-Ketoacyl-CoA

Cleavage

Finally acetyl-CoA is cleaved off with the help of Thiolase to yield an Acyl-CoA that is two carbons shorter than before. The cleaved acetyl-CoA can then enter into the TCA and ETC because it is already within the mitochondria.



3-Ketoacyl-CoA | Acyl-CoA | Acetyl-CoA

Example 10.4.1

What vitamin is required to make coenzyme A?

Solution

pantothenic acid

Summary

- Acetyl-CoA is formed from the breakdown of carbohydrates, lipids, and proteins. It is used in many biochemical pathways.
- Glycolysis

References

1. Garrett, H., Reginald and Charles Grisham. Biochemistry. Boston: Twayne Publishers, 2008.
2. Raven, Peter. Biology. Boston: Twayne Publishers, 2005.

Contributors and Attributions

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