

## 2.1: Prelude to Atoms

Your overall health and susceptibility to disease depends upon the complex interaction between your genetic makeup and environmental exposure, with the outcome difficult to predict. Early detection of biomarkers, substances that indicate an organism's disease or physiological state, could allow diagnosis and treatment before a condition becomes serious or irreversible. Recent studies have shown that your exhaled breath can contain molecules that may be biomarkers for recent exposure to environmental contaminants or for pathological conditions ranging from asthma to lung cancer.



Figure 2.1.1: Analysis of molecules in an exhaled breath can provide valuable information, leading to early diagnosis of diseases or detection of environmental exposure to harmful substances. (credit: modification of work by Paul Flowers)

A person is shown blowing into a tube connected to a plastic bag. There is a computer screen displaying data that reads “Mass Spectral Breath Analysis.” An arrow from the plastic bag points to an illustration of different molecular compounds contained in the person's exhalation

Scientists are working to develop biomarker “fingerprints” that could be used to diagnose a specific disease based on the amounts and identities of certain molecules in a patient's exhaled breath. An essential concept underlying this goal is that of a molecule's identity, which is determined by the numbers and types of atoms it contains, and how they are bonded together. This chapter will describe some of the fundamental chemical principles related to the composition of matter, including those central to the concept of molecular identity.

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