

## 6.6.2: Outdoor Air Pollution and Sources

### Learning Objectives

- Define air pollution.
- Know the sources and effects of major outdoor pollutants

**Air pollution** refers to the introduction, into the atmosphere, of substances that have harmful effects on humans, other living organisms, and the environment either as solid particles, liquid droplets or gases. Air pollution can result from natural processes such as dust storms, forest fires, and volcanic eruptions, or from human activities such as biomass burning, vehicular emissions, mining, agriculture, and industrial processes. Improved technology and government policies have helped reduce most types of outdoor air pollution in many industrialized countries including the United States, in recent decades. However, outdoor air quality is still a problem in less industrialized nations, especially in megacities of rapidly industrializing nations such as China and India.

Outdoor pollutants can come from **stationary (point)** sources or **mobile (nonpoint)** sources (Figure 6.6.2.1). Stationary sources have a fixed location, for example power plant smokestacks, burning, construction sites, farmlands and surface mines among others. Mobile sources of air pollutants move from place to place while emitting pollutants. Examples of mobile sources include vehicles, aircrafts, ships, and trains.

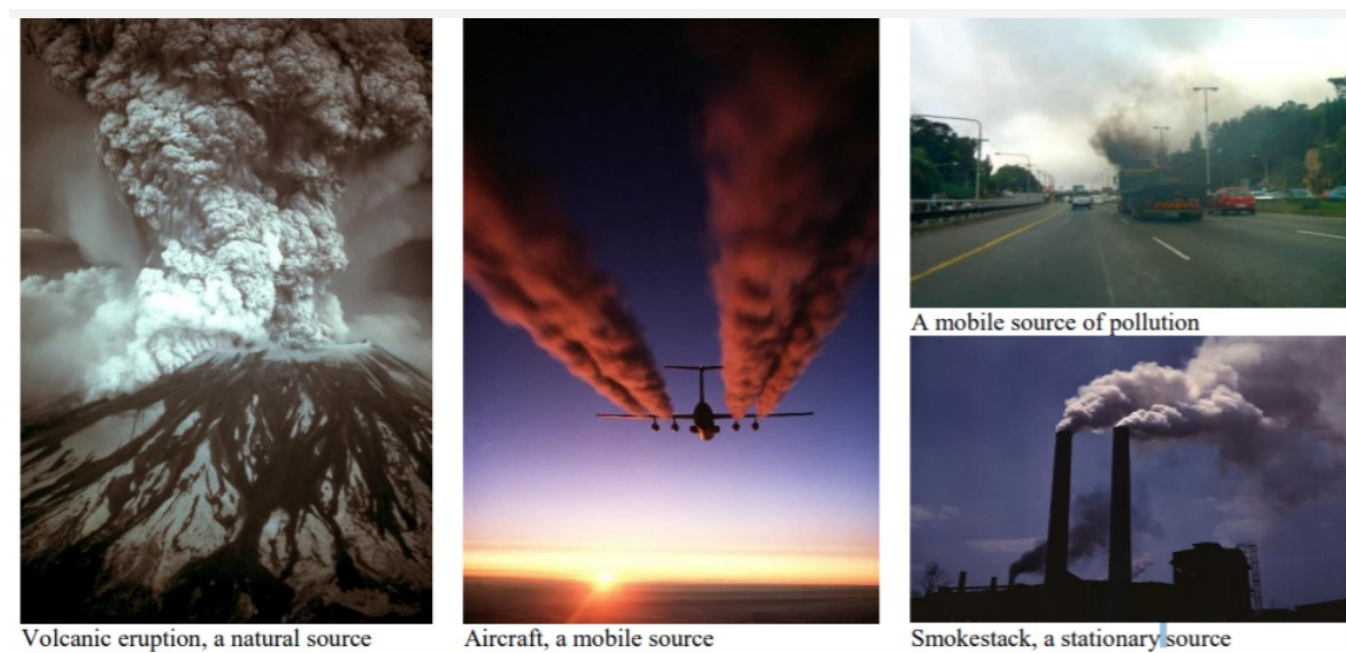


Figure 6.6.2.1: Images showing various sources of air pollution, including natural and anthropogenic, stationary and mobile.  
Source: All images obtained from Wiki Commons [commons.wikimedia.org/wiki/Air\\_pollution](https://commons.wikimedia.org/wiki/Air_pollution)

Pollutants are categorized into two major types based on how they originated namely primary and secondary pollutants. **Primary pollutants** are those released directly from the source into the air in a harmful form. The primary pollutants that account for nearly all air pollution problems are carbon monoxide (58%), volatile organic compounds (VOCs, 11%), nitrogen oxides (15%), sulfur dioxide (13%), and particulate material (3%). **Secondary pollutants** are produced through reactions between primary pollutants and normal atmospheric compounds. For example, ground-level ozone forms over urban areas through reactions, powered by sunlight, between primary pollutants (oxides of nitrogen) and other atmospheric gases such as VOCs.

### Criteria pollutants

Under the Clean Air Act, the Environmental Protection Agency (EPA) establishes air quality standards to protect public health and the environment. EPA has set national air quality standards for six common air pollutants namely: 1) carbon monoxide; 2) ground-level ozone; 3) nitrogen dioxide; 4) Sulfur dioxide; 5) lead; and 6) particulate matter (also known as particle pollution). Of the six pollutants, particle pollution and ground-level ozone are the most widespread health threats. EPA calls these pollutants "criteria" air pollutants because it regulates them by developing human health-based and/or environmentally-based criteria (science-based

guidelines) for setting permissible levels. The set of limits based on human health is called primary standards. Another set of limits intended to prevent environmental and property damage is called secondary standards.

1. **Carbon Monoxide (CO):** is a colorless, odorless gas emitted from combustion processes, specifically, the incomplete combustion of fuel. Nationally and, particularly in urban areas, the majority of CO emissions to ambient air come from mobile sources. CO can cause harmful health effects by reducing oxygen delivery to the body's organs (like the heart and brain) and tissues. At extremely high levels, CO can cause death.
2. **Ground-level ozone (O<sub>3</sub>):** is a colorless gas with a slightly sweet odor that is not emitted directly into the air, but is created by the interaction of sunlight, heat, oxides of nitrogen (NO<sub>x</sub>) and volatile organic compounds (VOCs). Ozone is likely to reach unhealthy levels on hot sunny days in urban environments. Emissions from industrial facilities and electric utilities, motor vehicle exhaust, gasoline vapors, and chemical solvents are some of the major sources of NO<sub>x</sub> and VOCs.
3. **Nitrogen dioxide (NO<sub>2</sub>):** is one of a group of highly reactive gasses known as "oxides of nitrogen," or "nitrogen oxides (NO<sub>x</sub>)."  
Other nitrogen oxides include nitrous acid and nitric acid. NO<sub>2</sub> is a yellowish-brown to reddish-brown foul-smelling gas that is a major contributor to smog and acid rain. Nitrogen oxides result when atmospheric nitrogen and oxygen react at the high temperatures created by combustion engines. Most emissions in the U.S. result from combustion in vehicle engines, electrical utility, and industrial combustion.
4. **Sulfur dioxide (SO<sub>2</sub>):** Sulfur dioxide is one of a group of highly reactive gasses known as "oxides of sulfur." The largest sources of SO<sub>2</sub> emissions are from fossil fuel combustion at power plants (73%) and other industrial facilities (20%). Smaller sources of SO<sub>2</sub> emissions include industrial processes such as extracting metals from their ores, and the burning of high sulfur containing fuels by locomotives, large ships, and non-road equipment.
5. **Lead (Pb):** is a metal found naturally in the environment as well as in manufactured products. The major sources of lead emissions have historically been from fuels in motor vehicles (such as cars and trucks) and industrial sources. As a result of EPA's regulatory efforts to remove lead from gasoline, emissions of lead from the transportation sector dramatically declined by 95 percent between 1980 and 1999, and levels of lead in the air decreased by 94 percent during that time period. The major sources of lead emissions today are ore and metal processing and piston-engine aircraft operating on leaded aviation gasoline. Today, the highest levels of lead in air are usually found near lead smelters.
6. **Particulate material (PM),** sometimes known simply as "**particulates**" refers to solid particles and liquid droplets suspended in the air we breathe. Particulate pollution is made up of a variety of components, including acids (nitrates and sulfates), organic chemicals, metals, soil or dust particles, and allergens (pollen and mold spores). The size of the particles is directly linked to their potential for causing health problems. Particles that are 10 micrometers in diameter or smaller generally pass through the throat and nose and enter the lungs. EPA groups these into two types: "**inhalable coarse particles**," with diameters larger than 2.5 micrometers and smaller than 10 micrometers and "**fine particles**," with diameters that are 2.5 micrometers and smaller. How small is 2.5 micrometers? Think about a single hair from your head. The average human hair is about 70 micrometers in diameter – making it 30 times larger than the largest fine particle (Figure 6.6.2.2). Our respiratory systems are equipped to filter larger particles out of the air once it is inhaled. However, the lungs are vulnerable to both coarse particles (PM<sub>10</sub>), and fine particles (PM<sub>2.5</sub>). These can slip past the respiratory system's natural defenses and get deep into the lungs and some may even get into the bloodstream. Coarse particles come from road dust while fine particles come from combustion processes.

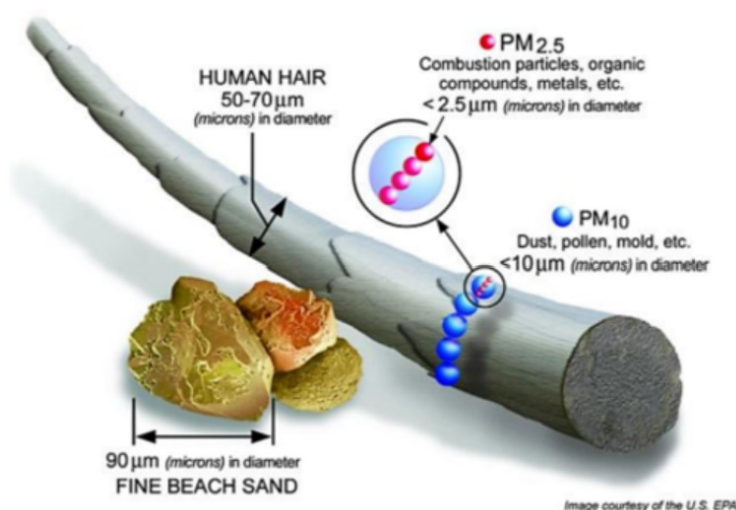


Figure 6.6.2.2 Graphic showing size comparison of particulate material (PM<sub>10</sub> and PM<sub>2.5</sub>) compared to fine beach sand and human hair. Source: US EPA <http://www.epa.gov/air/particlepollution/basic.html>

## Volatile Organic Compounds

Volatile organic compounds (VOCs) are carbon-containing chemicals emitted as gases from natural and human-made sources. Natural sources of VOCs include plants, the largest source, and bacteria in the guts of termites and ruminant animals. These compounds are generally oxidized to carbon monoxide and carbon dioxide in the atmosphere. VOCs are of great concern because they are precursors for the formation of ozone, a secondary air pollutant.

A large number of synthetic organic chemicals such as benzene, toluene, formaldehyde, vinyl chloride, chloroform, and phenols are widely used as ingredients in countless household products. Paints, paint strippers, varnishes, many cleaning, disinfecting, cosmetic, degreasing, and hobby products all contain VOCs. Fuels are also made up of organic chemicals. All of these products can release organic compounds while you are using them, and, to some degree, when they are stored. The “new car smell” characteristic of new cars is from a complex mix of dozens of VOC. Also, concentrations of many VOCs are consistently higher indoors (up to ten times higher) than outdoors. They are often held responsible for sick building syndrome, an illness resulting from indoor pollution in which the specific cause is not identified.

## Toxic pollutants

Toxic air pollutants, also known as hazardous air pollutants, are those pollutants that are known or suspected to cause cancer or other serious health effects, such as reproductive effects or birth defects, or adverse environmental effects. Examples of toxic air pollutants include **benzene**, which is found in gasoline; **perchloroethylene**, which is emitted from some dry cleaning facilities; **methylene chloride**, which is used as a solvent and paint stripper by a number of industries; and others such as dioxin, asbestos, toluene, and metals such as cadmium, mercury, chromium, and lead compounds.

Most air toxics originate from human-made sources, including mobile sources (e.g., cars, trucks, buses) and stationary sources (e.g., factories, refineries, power plants), as well as indoor sources (e.g., some building materials and cleaning solvents). Some air toxics are also released from natural sources such as volcanic eruptions and forest fires. Exposure to air toxics is mainly through breathing but some toxic air pollutants such as mercury can deposit onto soils or surface waters, where they are taken up by plants and ingested by animals and are eventually magnified up through the food chain. Like humans, animals may experience health problems if exposed to sufficiently high quantities of air toxics over time.

## Effects of Air Pollution on Human Health

The World Health Organization (WHO) and other international agencies recognize air pollution as a major threat to human health. Numerous scientific studies have linked air pollution to a variety of health problems (Table 6.6.2.1) including: aggravation of respiratory and cardiovascular diseases; decreased lung function; increased frequency and severity of respiratory symptoms such as difficulty breathing and coughing; increased susceptibility to respiratory infections; effects on the nervous system, including the brain, such as IQ loss and impacts on learning, memory, and behavior; cancer; and premature death. Immediate effects of air pollution may show up after a single exposure or repeated exposures. Other health effects may show up either years after exposure has occurred or only after long or repeated periods of exposure.

Immediate effects of air pollution include irritation of the eyes, nose, and throat, headaches, dizziness, and fatigue. Such immediate effects are usually short-term and treatable. Sometimes the treatment is simply eliminating the person's exposure to the source of the pollution, if it can be identified. Symptoms of some diseases, including asthma, hypersensitivity pneumonitis, and humidifier fever, may also show up soon after exposure to some indoor air pollutants.

Table 6.6.2.1: Sources and health effects of criteria pollutants

Pollutant	Sources	Health Effects
Ground-level Ozone ( $O_3$ )	Secondary pollutant typically formed by chemical reaction of volatile organic compounds (VOCs) and $NO_x$ in the presence of sunlight.	Decreases lung function and causes respiratory symptoms, such as coughing and shortness of breath; aggravates asthma and other lung diseases leading to increased medication use, hospital admissions, emergency department (ED) visits, and premature mortality.
Particulate Matter (PM)	Emitted or formed through chemical reactions; fuel combustion (e.g., burning coal, wood, diesel); industrial processes; agriculture (plowing, field burning); and unpaved roads.	Short-term exposures can aggravate heart or lung diseases leading to respiratory symptoms, increased medication use, hospital admissions, ED visits, and premature mortality; long-term exposures can lead to the development of heart or lung disease and premature mortality.
Lead	Smelters (metal refineries) and other metal industries; combustion of leaded gasoline in piston engine aircraft; waste incinerators; and battery manufacturing.	Damages the developing nervous system, resulting in IQ loss and impacts on learning, memory, and behavior in children. Cardiovascular and renal effects in adults and early effects related to anemia.
Oxides of Nitrogen ( $NO_x$ )	Fuel combustion (e.g., electric utilities, industrial boilers, and vehicles) and wood burning.	Aggravate lung diseases leading to respiratory symptoms, hospital admissions, and ED visits; increased susceptibility to respiratory infection.
Carbon Monoxide (CO)	Fuel combustion (especially vehicles), industrial processes, fires, waste combustion, and residential wood burning.	Reduces the amount of oxygen reaching the body's organs and tissues; aggravates heart disease, resulting in chest pain and other symptoms leading to hospital admissions and ED visits.
Sulfur Dioxide ( $SO_2$ )	Fuel combustion (especially high-sulfur coal); electric utilities and industrial processes; and natural sources such as volcanoes.	Aggravates asthma and increased respiratory symptoms. Contributes to particle formation with associated health effects.

**Source:** [www.epa.gov](http://www.epa.gov)

The likelihood of immediate reactions to air pollutants depends on several factors. Age and preexisting medical conditions are two important influences. Some sensitive individuals appear to be at greater risk for air pollution-related health effects, for example, those with pre-existing heart and lung diseases (e.g., heart failure/ischemic heart disease, asthma, emphysema, and chronic bronchitis), diabetics, older adults, and children. In other cases, whether a person reacts to a pollutant depends on individual sensitivity, which varies tremendously from person to person. Some people can become sensitized to biological pollutants after repeated exposures, and it appears that some people can become sensitized to chemical pollutants as well.

## Summary

- Air pollution refers to the introduction, into the atmosphere, of substances that have harmful effects on humans, other living organisms, and the environment either as solid particles, liquid droplets or gases.
- Major sources of air pollution are gas emissions from fossil fueled vehicles and their reaction products (CO, NO<sub>x</sub>, Ozone) as well as particulate matter, SO<sub>2</sub>, and VOCs.
- Examples of toxic air pollutants include benzene, which is found in gasoline; perchloroethylene, which is emitted from some dry cleaning facilities; methylene chloride, which is used as a solvent and paint stripper by a number of industries; and others such as dioxin, asbestos, toluene, and metals such as cadmium, mercury, chromium, and lead compounds.
- Numerous scientific studies have linked air pollution to a variety of health problems.

## Contributors and Attributions

- Libretext: Introduction to Environmental Science (Zendher et al.)
- TextMap: General CHemistry (Averill and Eldredge)
- [Marisa Alviar-Agnew](#) ([Sacramento City College](#))
- Wikipedia

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