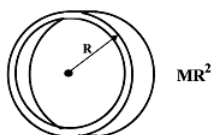


06. Rotational Inertia of Common, Uniform Solids

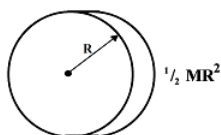
No headers

General Rule $I = cMR^2$

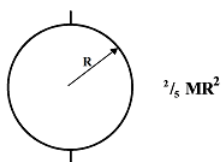
Hoop about axis through CM



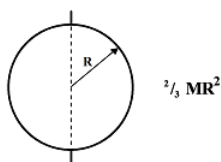
Cylinder about axis through CM



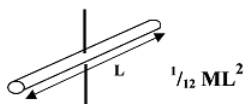
Solid sphere about axis through CM



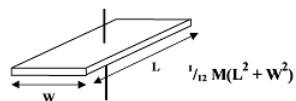
Hollow sphere about axis through CM



Thin rod about axis through CM



Rectangular plate about axis through CM



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