

6.1 The Standard Normal Distribution

Section 6.1 The Standard Normal Distribution

Learning Objective:

In this section, you will:

- Solve and explain real-world applications of probability

The **standard normal distribution** is a normal distribution of **standardized values** called **z-scores**. A **z-score** is **measured in units of the standard deviation** with $z = 0$ and $z = 1$. The total area under its density curve is equal to 1.

Z-Score

$$x - \mu$$

If X is a normally distributed random variable and $X \sim N(\mu, \sigma)$, then the z-score is: $z =$

$$\frac{x - \mu}{\sigma}$$

- The z-score tells you how many standard deviations the value x is above (to the right of) or below (to the left of) the mean, μ .
- Values of x that are larger than the mean have positive z-scores, and values of x that are smaller than the mean have negative z-scores. If x equals the mean, then x has a z-score of zero.
- The z-score allows us to compare data that are scaled differently.

Example 1: Suppose $X \sim N(5, 6)$. This says that X is a normally distributed random variable with mean $\mu = 5$ and standard deviation $\sigma = 6$. Suppose $x = 17$. Find the z-score of x .

Example 2: Suppose $X \sim N(8, 1)$. What value of x has a z-score of -2.25?

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Example 3: Heights of women have a normal distribution with a mean of 161 cm and a standard deviation of 7 cm.

1. What is the z-score for a woman who is 170 cm tall?
2. How many standard deviations away from the mean is a woman who is 170cm tall?

Example 4: Some doctors believe that a person can lose five pounds, on the average, in a month by reducing his or her fat intake and by exercising consistently. Suppose weight loss has a normal distribution. Let X = the amount of weight lost (in pounds) by a person in a month. Use a standard deviation of two pounds. $X \sim N(5, 2)$.

1. Suppose a person lost ten pounds in a month. Find the z-score.
2. Fill in the blanks: The z-score when $x = 10$ pounds is $z = 2.5$. This z-score tells you that $x = 10$ is _____ standard deviations to the _____ (right or left) of the mean _____. (What is the mean?).
3. Fill in the blanks: Suppose a person gained three pounds (a negative weight loss). Then $z =$ _____. This z-score tells you that $x = -3$ is _____ standard deviations to the _____ (right or left) of the mean.
4. Suppose the random variables X and Y have the following normal distributions: $X \sim N(5, 6)$ and $Y \sim N(2, 1)$. If $x = 17$, then $z =$ _____. (This was previously shown.) If $y = 4$, what is z ?

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Example 5: Compare data that are scaled differently. Which is a better score? A score of 76 on a quiz where the mean score was 64 and the standard deviation was 6.7, or a score of 12 on a quiz with a mean of 10 and a standard deviation of 1.1?

Empirical Rule

If X is a random variable and has a normal distribution with mean μ and standard deviation σ , then the Empirical Rule says the following:

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- About 99.7% of the x values lie between -3σ and $+3\sigma$ of the mean μ . Notice that almost all the x values lie within three standard deviations of the mean. The empirical rule is also known as the 68-95-99.7 rule.

Example 6: Heights of women have a normal distribution with a mean of 161 cm and a standard deviation of 7 cm.

1. Approximately what is the percentage of women between 147 cm and 175 cm?

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2. About 99.7% of women are between what two heights?
3. What percentage of women are between 154 and 182 cm?

Example 7: The mean height of 15 to 18-year-old males from Chile from 2009 to 2010 was 170 cm with a standard deviation of 6.28 cm. Male heights are known to follow a normal distribution. Let X = the height of a 15 to 18-year-old male from Chile in 2009 to 2010. Then $X \sim N(170, 6.28)$.

1. Suppose a 15 to 18-year-old male from Chile was 168cm tall from 2009 to 2010. The z-score when $x = 168$ cm is $z =$ _____. This z-score tells you that $x = 168$ is _____ standard deviations to the _____ (right or left) of the mean _____. (What is the mean?).
2. Suppose that the height of a 15 to 18-year-old male from Chile from 2009 to 2010 has a z-score of $z = 1.27$. What is the male's height? The z-score ($z=1.27$) tells you that the male's height is _____ standard deviations to the _____ (right or left) of the mean.

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For more information and examples see online textbook OpenStax Introductory Statistics pages 366371.

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