

6.10: t-distribution

Introduction

Student's t distribution is a sampling distribution where values are sampled from a normal distributed population, but σ , the standard deviation, and μ , the mean of the population, are not known. When sample size is large and we know the standard deviation, we would use the Z-score to evaluate probabilities of the sample mean. The t -distribution applies when σ is not known and the sample size is small (e.g., less than 30, per **rule of thirty**).

Note:

According to [Wikipedia](#) and sources therein, Student was the pseudonym of William Sealy Gosset, who came up with the t -test and t -distribution.

The equation of the **t -test** is

$$t = \frac{(\bar{X} - \mu)}{s_{\bar{X}}}$$

where the difference between \bar{X} the sample mean, and μ , the population mean, is divided by the **standard error of the mean**, $s_{\bar{X}}$, defined in [Chapter 3.2](#) and again in [Chapter 3.3](#). This formulation of the t -test is called the **one sample t -test** ([Chapter 8.5](#)). We call the result of this calculation the **test statistic** for t . We evaluate how often that value or greater of a test statistic will occur by applying the t distribution function.

There are many t -distributions, actually, one for every degree of freedom. Like the normal distribution, the t distribution is symmetrical about a mean of zero. But it is stacked up (leptokurtic) around the middle at low degrees of freedom. As degrees of freedom increase, the t distribution spreads and becomes increasingly like the normal distribution.

Relationship between t distribution and standard normal curve

First, here is our standard normal plot, mean = 0, standard deviation = 1

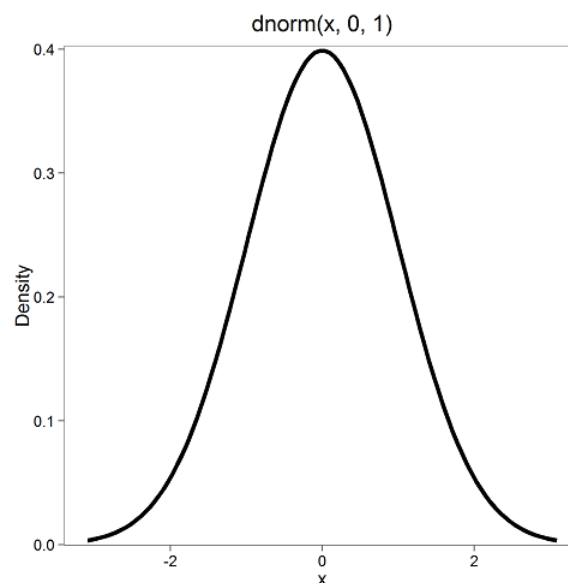


Figure 6.10.1: Plot of standard normal distribution.

Next, here's the t -distribution for five degrees of freedom.

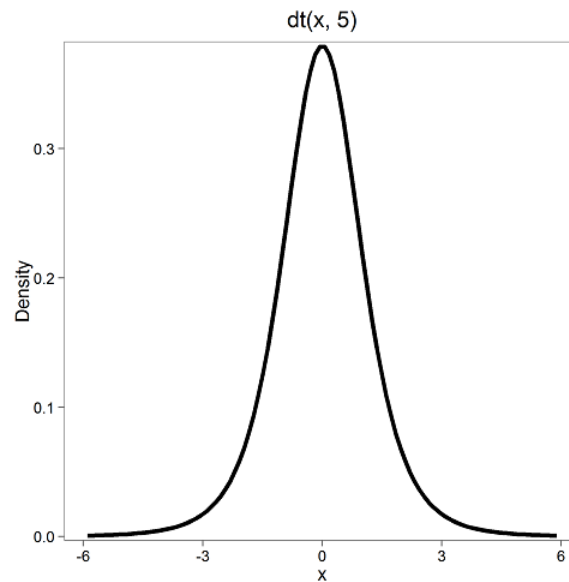


Figure 6.10.2: Plot of t -distribution for 5 degrees of freedom.

Lets see what happens to the shape of the t -distribution as we increase the degrees of freedom from $df = 5, 10, 20, 50, 1000, 10000$. The last graphic is the standard normal curve again.

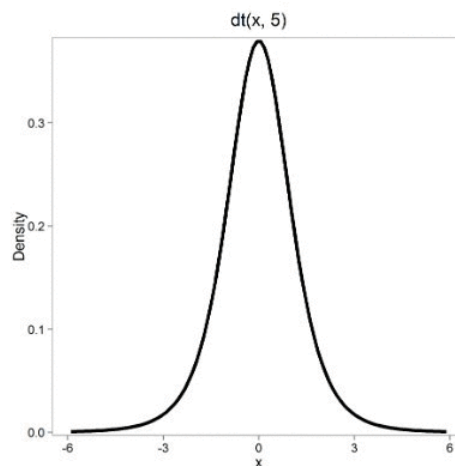


Figure 6.10.3: Animated GIF of t -distribution plots, from $df = 5$ to 10,000 plus standard normal curve.

By convention in the Null Hypothesis Significance Testing protocol (NHST), we compare the test statistic to a critical value. The critical value is defined as the value of the test statistic that occurs at the Type I error rate, which is typically set to 5%. We introduced logic of NHST approach in [Chapter 6.9](#) with the chi-square distribution. Again ,this is just an introduction; we teach it now as a sort of mechanical understanding to develop. The justification for this approach to testing of statistical significance is developed in [Chapter 8](#).

Table 6.10.1. Critical values of the t -distribution for $df = 1, \dots, 5$, one tail (upper)

df	$\alpha = 0.05$	$\alpha = 0.025$	$\alpha = 0.01$
1	6.314	12.706	31.820
2	2.920	4.303	6.965
3	2.353	3.182	4.541
4	2.132	2.776	3.747
5	2.015	2.571	3.365

See [Appendix A.4](#) for a complete table of t -distribution.

Questions

1. What happens to the shape of the t distribution as degrees of freedom are increased from 1 to 5 to 20 to 100?

Be able to answer these questions using the t table in [Appendix 20.4](#), or using Rcmdr:

2. For probability $\alpha = 5\%$, what is the critical value of the t distribution (upper tail) for 1 degree of freedom? For $df = 5$? For $df = 20$? For $df = 30$?
3. The value of the t test statistic is given as 12. With 3 degrees of freedom, what is the approximate probability of this value or greater from the t distribution?

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